

# Porta Via

## BREAKFAST

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HOMEMADE GRANOLA	10.25
STRAWBERRIES, BANANAS & LOW-FAT YOGURT OR MILK	
STEEL-CUT OATMEAL	9.25
MAPLE SYRUP, BROWN SUGAR & FRESH STRAWBERRIES	
FRESH FRUIT SALAD	9.25
ADD LOW-FAT YOGURT \$1	
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PORTA VIA SCRAMBLE	12
EGG WHITES SCRAMBLED VERY WELL DONE, ONIONS, MUSHROOMS, TOMATO, BASIL & TOASTED MULTIGRAIN BREAD	
CHICKEN SPINACH & ONION EGG WHITE OMELET	15.25
BREAKFAST POTATOES & TOASTED CIABATTA	
GREEK EGG WHITE OMELET	13
ASPARAGUS, GREEN BEANS, TOMATO, BLACK OLIVES, FRENCH FETA CHEESE, MIXED GREENS & BAGUETTE TOAST	
FRESH TOMATO & BASIL EGG WHITE OMELET	12
BREAKFAST POTATOES & BAGUETTE TOAST	
TWO EGGS, ANY STYLE	11
BREAKFAST POTATOES & BAGUETTE TOAST	
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HUEVOS RANCHEROS	14
CRISPY TORTILLAS, TWO EGGS OVER EASY, BLACK BEAN PUREE, CHEDDAR CHEESE, RANCHERO SALSA & AVOCADO	
BREAKFAST BURRITO	12.75
EGGS, POTATOES, BACON, CHEDDAR, AVOCADO. SERVED WITH MIXED GREENS	
POACHED EGGS	15.75
ON CIABATTA, PROSCIUTTO DI PARMA, ARUGULA & SHAVED PARMIGIANO	
EGGS SCRAMBLED WITH SMOKED SALMON	15.75
CREAM CHEESE & CHIVES BREAKFAST POTATOES & BAGUETTE TOAST	
THE PANCHITO	11.25
EGGS, BACON, MELTED CHEDDAR CHEESE, AVOCADO, TOMATO & LETTUCE ON TOASTED CIABATTA	
BUILD YOUR OWN OMELET	15.25
CHOICE OF THREE ITEMS ~ 75¢ FOR EACH ADDITIONAL ITEM : SPINACH, TOMATOES, ONIONS, CORN, MUSHROOMS, ROASTED RED BELL PEPPERS, GREEN BEANS, SMOKED SALMON, FETA, CHEDDAR, SWISS CHEESE, BACON, HAM, TURKEY SAUSAGE, TURKEY BACON, CHICKEN. BREAKFAST POTATOES & TOASTED BAGUETTE	
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SMOKED SALMON PLATE	18
TRADITIONAL FIXINGS ON A TOASTED BAGEL	
GRIDDLE CAKES	11.5
CHOICE OF BLUEBERRY, CHOCOLATE CHIP, BANANA WALNUT & PLAIN	
GRAND MARNIER FRENCH TOAST	12.75
FRESH STRAWBERRIES & POWDERED SUGAR	
2 + 2 + 2	15
TWO GRIDDLE CAKES, TWO EGGS ANY STYLE & TWO PIECES OF BREAKFAST MEAT	

## SIDES

6

APPLE WOOD SMOKED BACON  
TURKEY BACON  
TURKEY MAPLE SAUSAGE  
BLACK FORREST HAM  
PROSCIUTTO DI PARMA

9.5

BAKERY BASKET: CHOICE OF THREE ITEMS

LOW-FAT BLUEBERRY MUFFIN · BANANA NUT MUFFIN  
LOW-FAT CRANBERRY MUFFIN · PUMPKIN MUFFIN ·  
POLENTA POUND CAKE · ORANGE CURRANT SCONES

## JUICE BAR & SMOOTHIES

FULLY GREEN	6/8
KALE, SPINACH, CUCUMBER, PARSLEY & CELERY	
THE TRIANGLE	6/8
CARROT, GREEN APPLE & GINGER	
THE MORNING DO	6/8
GREEN APPLE, CUCUMBER, GINGER, FRESH LEMON & MINT	
CANON CLEANSE	6/8
CELERY, BEET, GINGER & LEMON	
FRESH-SQUEEZED JUICE	6/8
ORANGE, GRAPEFRUIT OR WATERMELON	
CREATE YOUR OWN	6/8
CREATE YOUR FAVORITE BY MIXING ANY JUICE: ORANGE, GREEN APPLE, WATERMELON, CARROT, CELERY, GINGER & BEET	
SMOOTHIES	8
BLENDED WITH ICE, FRESH ORANGE JUICE & BANANA PINEAPPLE / STRAWBERRY / BLUEBERRY / MIXED BERRY	

## ORGANIC COFFEE & TEA

REGULAR / DECAF / ICED COFFEE	3.25
ESPRESSO	3/4
CAPPUCCINO / CAFÉ LATTE	4/5
CAFÉ MOCHA OR VANILLA	5.25/6.25
AMERICANO	4/5
RED EYE	5/6
HOT CHOCOLATE	4.25
SOY OR ALMOND MILK ADD \$1	
CUSTOM TEAS SELECTION BY 'T SALON'	5.5
GROWN & PREPARED USING ONLY THE FINEST INGREDIENTS & ENVIRONMENTALLY FRIENDLY PRACTICES: GREEN SENCHA, GREEN WITH COCONUT, EARL GREY, SAFARI BREAKFAST BLEND, MINT, CHAMOMILE	

PLEASE NOTE THAT ADDITIONS OR SUBSTITUTIONS TO ANY MENU ITEM MAY RESULT IN ADDITIONAL CHARGES